



West Twyford Newsletter

Friday 2nd October 2026

Tel: 020 8965 6858

Email: admin@west-twyford.ealing.sch.uk

[West Twyford Calendar](#)

Year 3 Learning

In Year 3, we have been learning about movement and nutrition in Science. We have explored how our skeleton, joints and muscles work together to support our bodies and help us move. We have learnt the names and locations of key bones, including the skull, ribs, spine, pelvis and femur, and discovered how joints connect our bones and allow different parts of our bodies to bend and move.

We have enjoyed taking part in practical activities, including measuring different bones in the human body and comparing their sizes. We have also learnt about endoskeletons and

exoskeletons and discovered some fascinating facts, such as the smallest bone in the human body being found inside the ear.

More recently, we have been learning about energy and how our bodies use different amounts depending on the activity we are doing. We found that activities such as running use more energy than walking because our muscles are working harder. As we continue our topic, we will be finding out more about healthy, balanced diets.

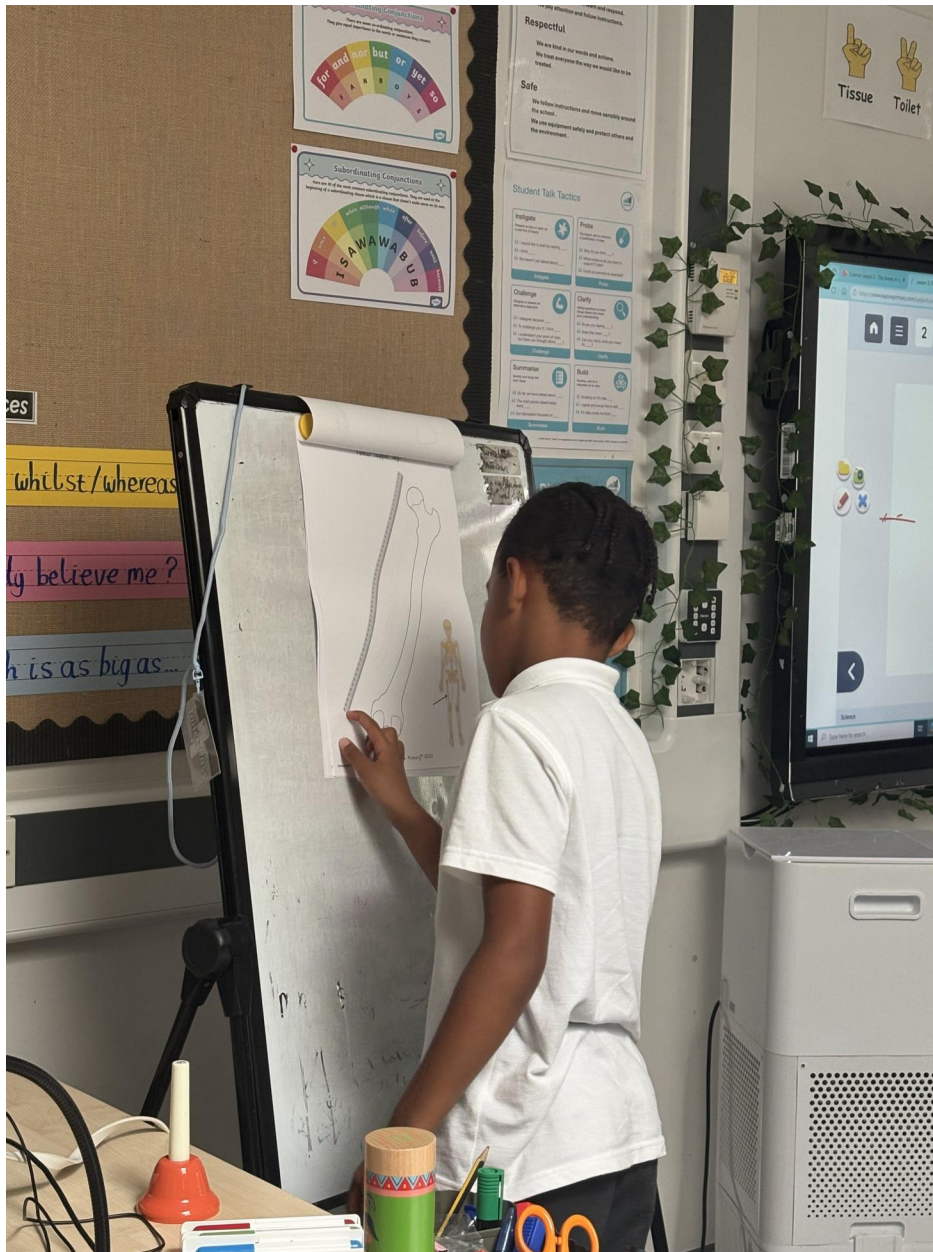
"The skull protects our brain and the ribs help to protect our heart and lungs."-Jilani

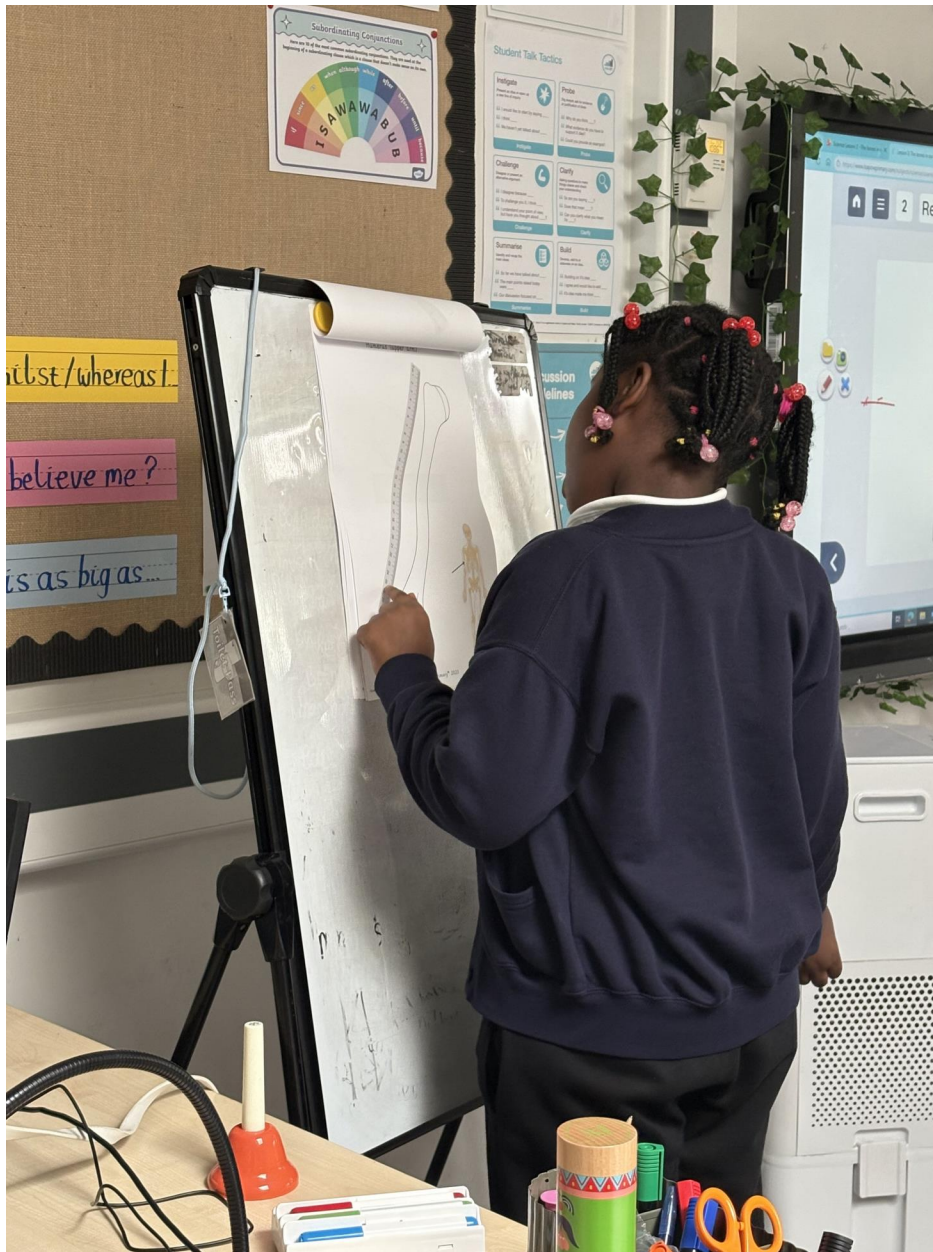
"We have an endoskeleton because our bones are inside our bodies, but animals like crabs have an exoskeleton because their skeleton is on the outside." -Mohammad S

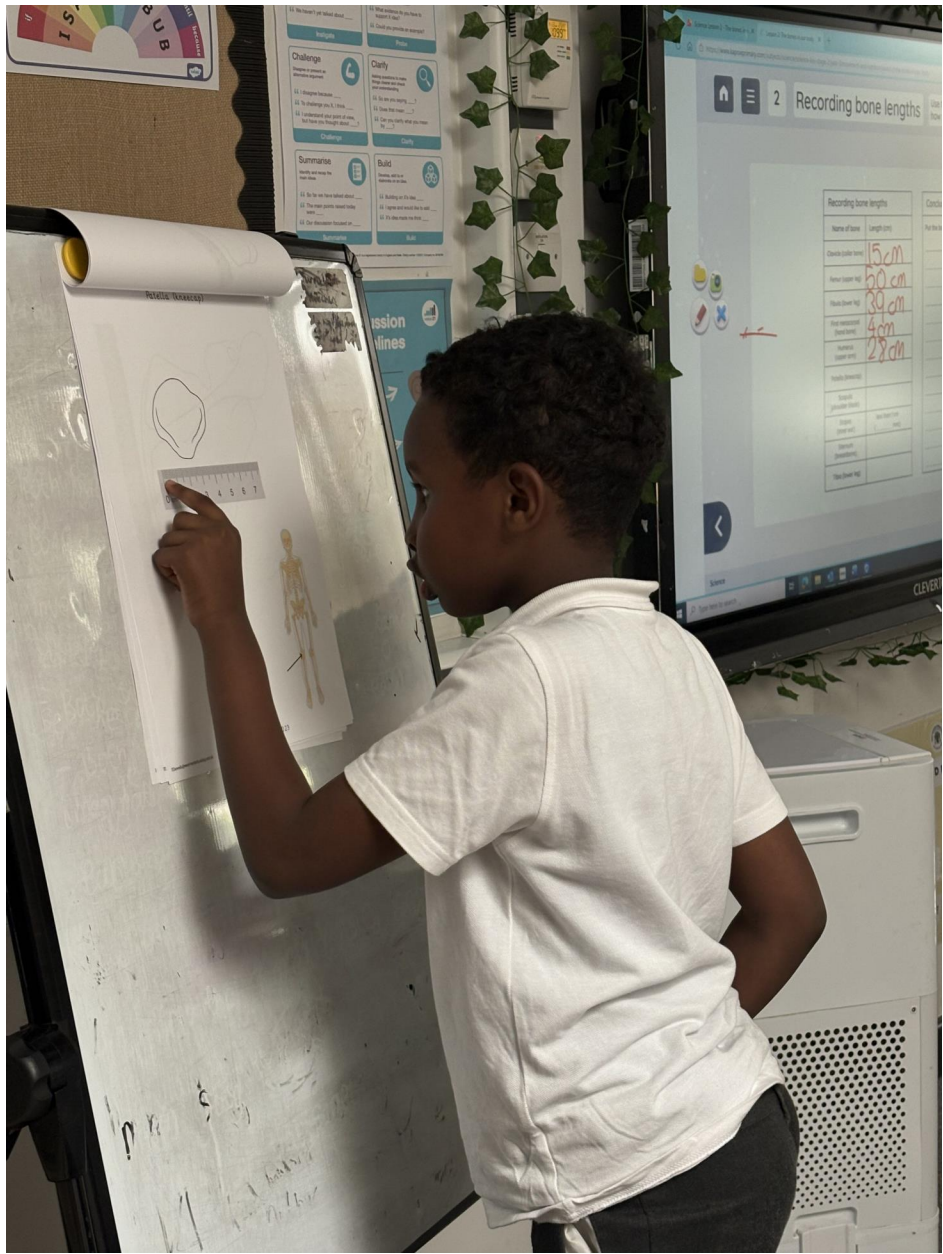
"Our bones are connected by joints, and our joints help us to move our bodies"-Amara

"The smallest bone in our body is inside our ear!"- Reem

"Running uses more energy than walking because our muscles have to work harder and we are moving our bodies faster."-Bazyan









Year 1 Learning

This week in English, we have been reading *Cave Baby* by Julia Donaldson. We explored the story from Cave Baby's perspective and discussed how he might have felt after painting on the cave wall. The children really enjoyed the story, with Louis sharing, "This is such a fun story!"

We then wrote our own sorry letters in the role of Cave Baby, apologising for painting on the cave wall. The children thought carefully about using first-person language, describing their feelings and explaining why they were sorry. We also focused on writing in full sentences and

using the appropriate features of a letter. Malik explained, "Cave Baby had to say sorry because he did such a silly thing."

The children enjoyed putting themselves in Cave Baby's shoes and using their imagination to bring the character to life. Aya made a personal connection with the story, saying, "I like this story because Cave Baby is naughty like me!" Hossam particularly enjoyed the adventurous parts of the story and shared, "I like it when Cave Baby is sitting on the Mammoth's back."

Here are some examples of their work.







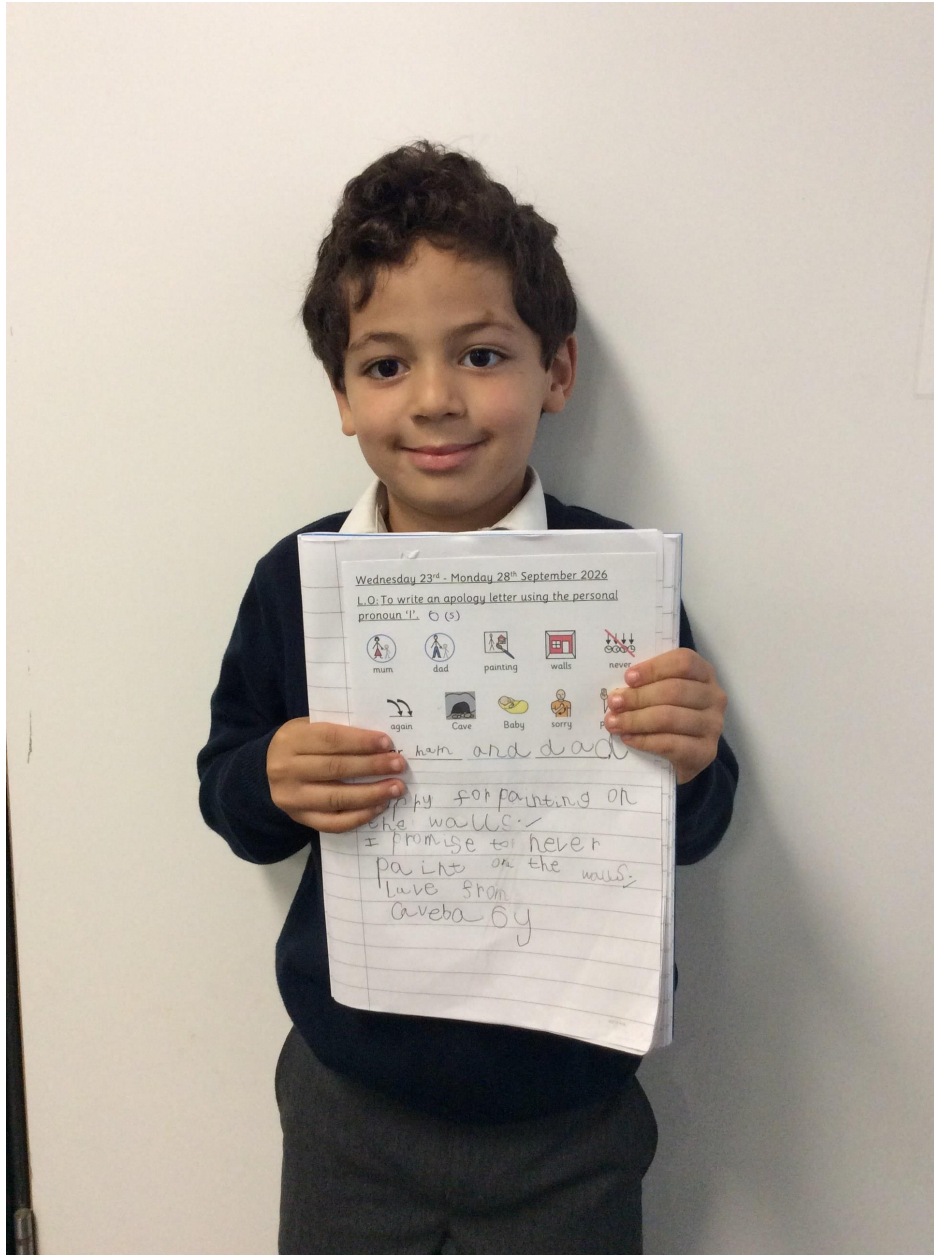
Wednesday 23rd - Monday 28th September 2026
L.O: To write an apology letter using the personal pronoun 'I'. O (15)

Dear Mum and Dad

Sorry for painting
on the walls.
I promise to never paint
on the walls again.

Love from
Cave baby





Wednesday 23rd - Monday 28th September 2026

L.O. To write an apology letter using the personal pronoun 'I'. O (s)



mum



dad



painting



walls



never



again



Cave



Baby



sorry



I

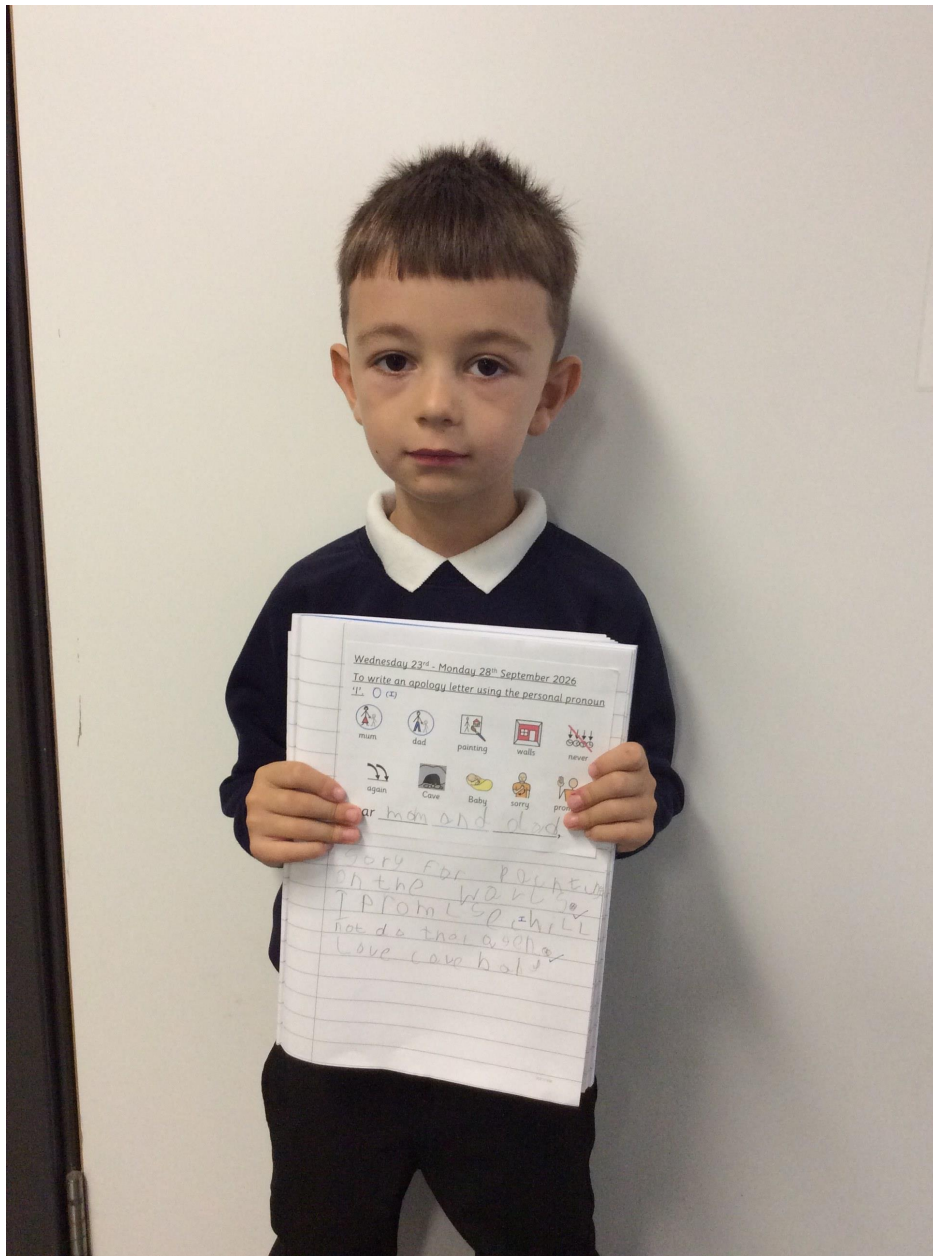
Dear mum and dad

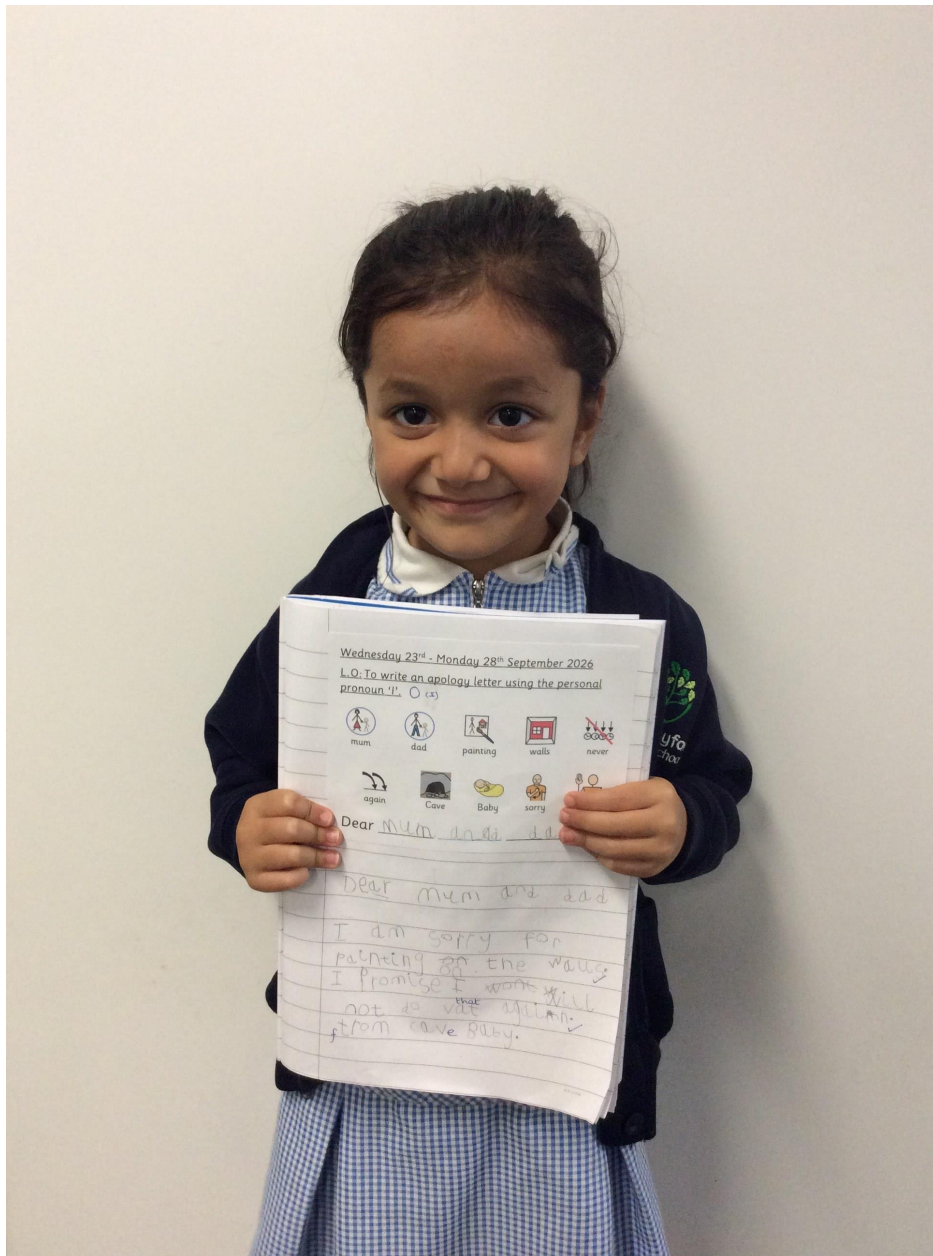
I'm sorry for painting on the walls.

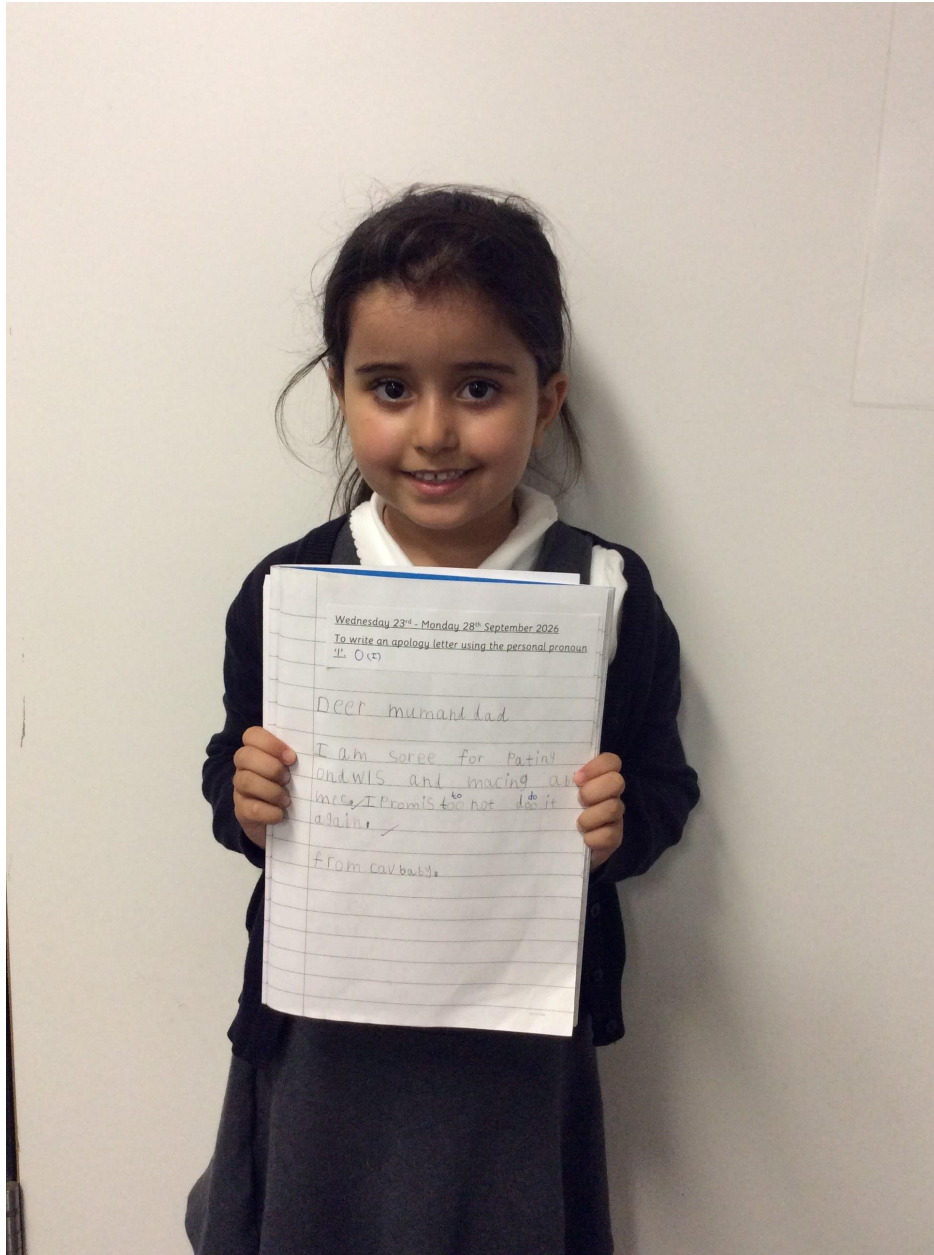
I promise to never paint on the walls.

Love from

Aweba Oy





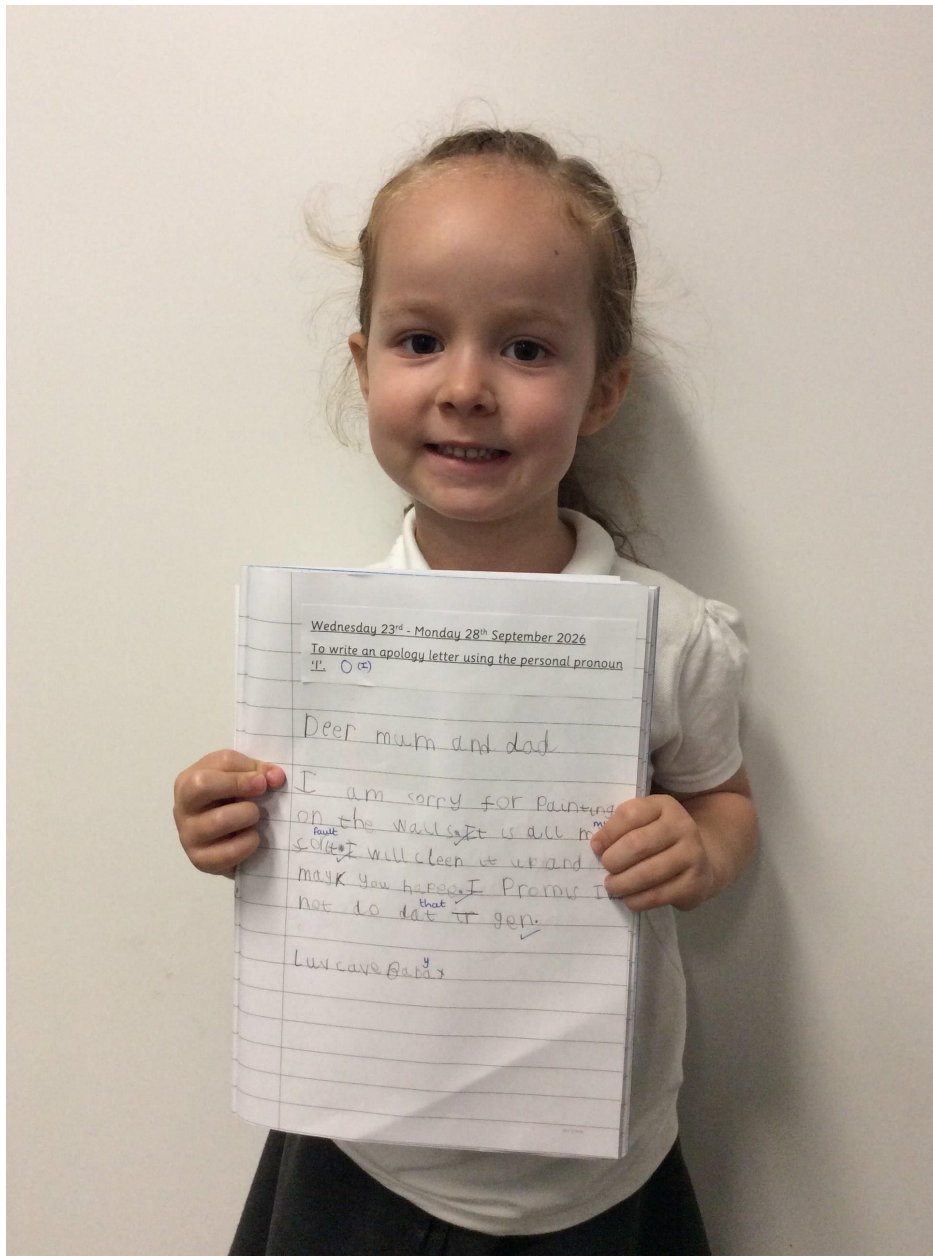


Wednesday 23rd - Monday 28th September 2026
To write an apology letter using the personal pronoun
I. O (15)

Dear mum and dad

I am sorry for putting
and wls and making at
mes, I promise to not do it
again.

From cav badd.

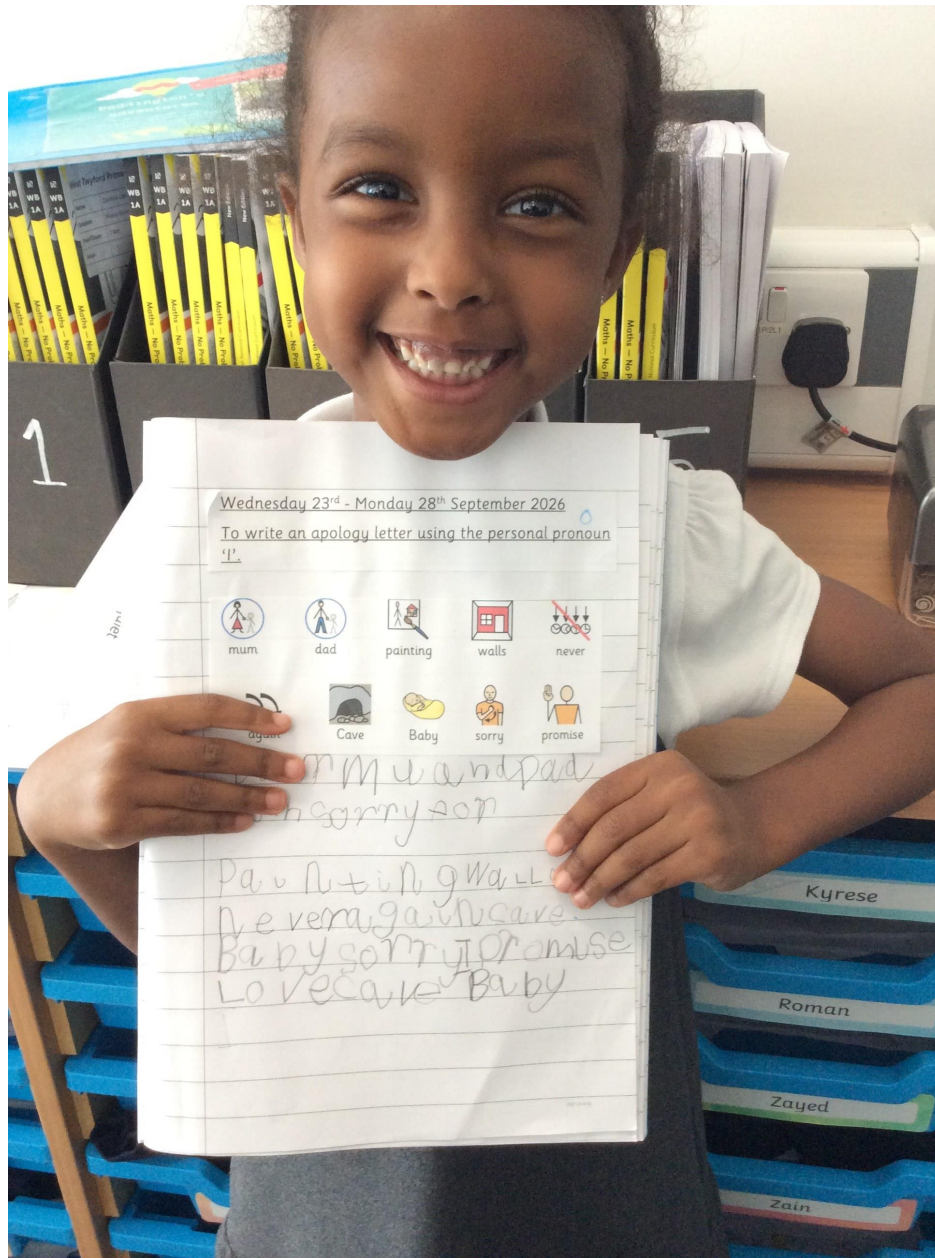


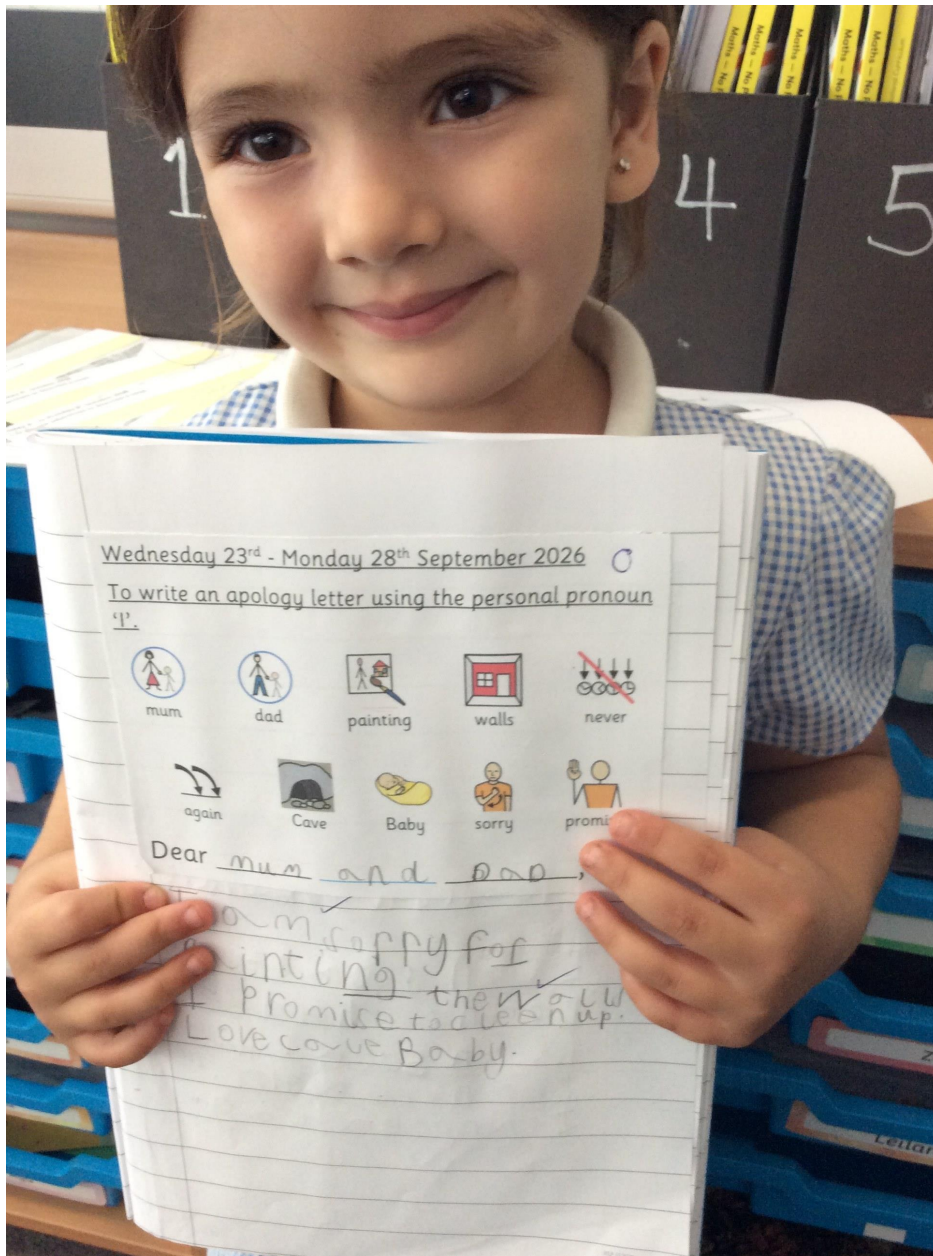
Wednesday 23rd - Monday 28th September 2026
To write an apology letter using the personal pronoun
'I'. O (2)

Deer mum and dad

I am sorry for painting
on the wall. It is all my
^{fault} ~~self~~ I will clean it up and
mark you happy. I promise I
not to do ^{that} it again.

Lucy says sorry





Wednesday 23rd - Monday 28th September 2026

To write an apology letter using the personal pronoun 'I'.



mum



dad



painting



walls



never



again



Cave



Baby



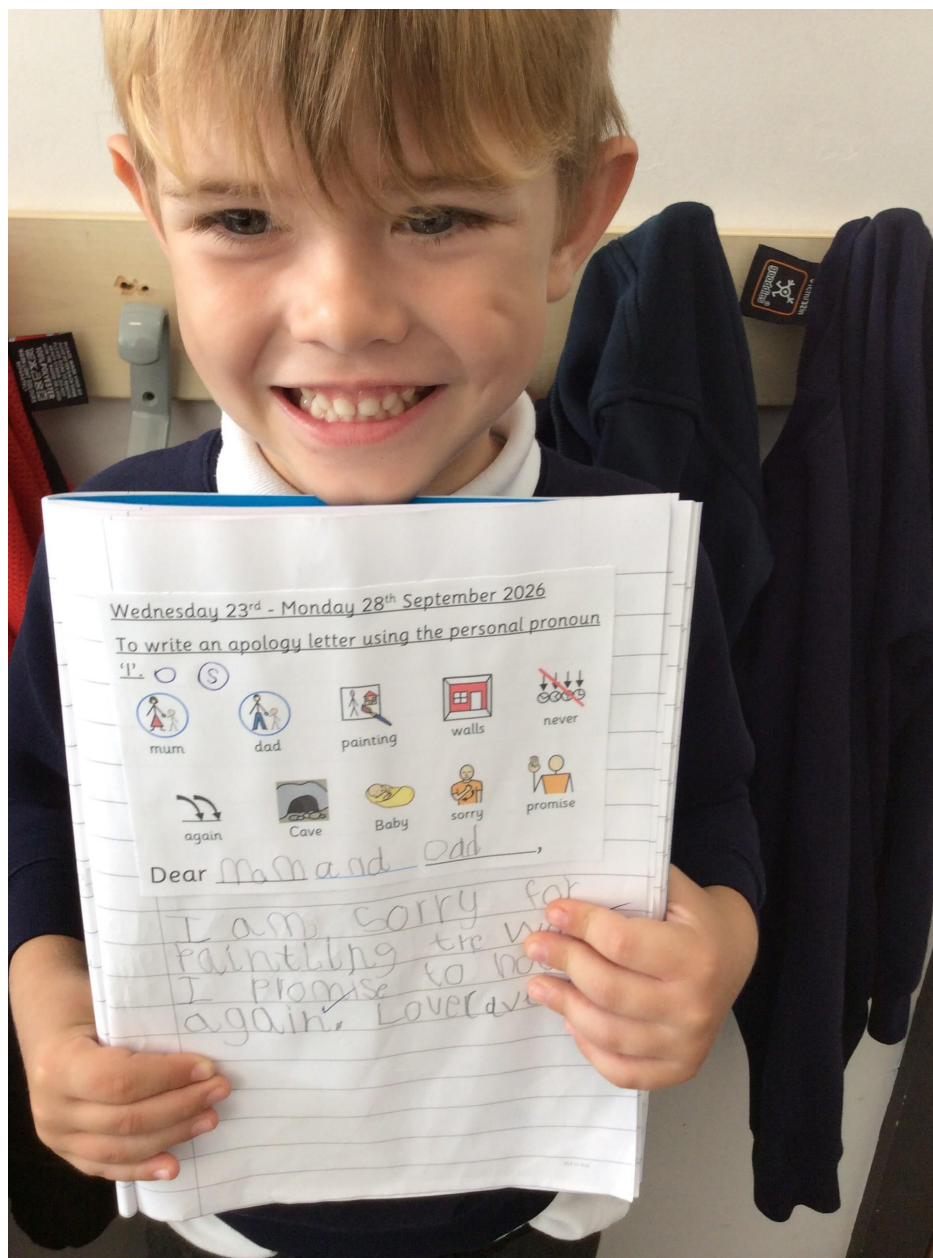
sorry



promise

Dear mum and dad,

I am sorry for
painting the walls.
I promise to clean up.
Love from Baby.



Role Models of the Week

Well done to the following children for their outstanding learning and behaviour in school this week!

Behaviour Award: Sulaiman & Rohaim (Year 1), Reem & Zeina (Year 2), Abdirahaman & Omar (Year 3) Rima & Aziz (Year 4), Sala & Ayman (Year 5), Mohamad & Julia (Year 6)

Learning Award: Siel & Aya (Year 1), Justin & Mays (Year 2), Bazyan & Ares (Year 3), Barzan & Kyro (Year 4), Ilias & Nour (Year 5), Sally & Ismail (Year 6)

Attendance and Punctuality

We are delighted to say that **these classes achieved 95%+ attendance this week!**
Congratulations!

Well done to: Reception Horse Chestnut, Year 5 Silver Birch, Year 3 Elm, Year 1 Ash, Year 4 Pine, Year 5 Aspen

Punctuality, coming to school on time, is very important. **Learning in school starts at 8.55, and we need all children to be in school ready to learn.** We teach phonics first thing in the morning, if children are late then they miss an very important learning opportunity.

School gates open at 8.45: please ensure that your child is on time to make the most of the school day.

Punctuality cup winners: Year 4 Elder